

Ocean Spa Services



We look forward to welcoming you for a treatment in our Ocean Spa at White Point. Below are the various treatments available for you to choose from. Be sure to book your appointment in advance of your stay to avoid disappointment. Please note that our Spa Services are available to overnight and day guests.

IMPORTANT: If you require a receipt for insurance purposes, please see reverse.

Facials for Ladies & Gentlemen

Ocean Wave Facial

Effective tension releasing treatment. Classical massage and/or purifying MLD Massage and/or specialty mask. Individually designed.

Let your beauty shine!
1 ½ hours - \$118

Balancing Reiki Facial

The soothing flow of Reiki energy combined with the benefits of the Ocean Wave facial.

Revitalize your radiance.
2 hours- \$146

Traditional Facial

This nourishing treat puts a smile on your face.

Enjoy and feel well!
1 hour - \$88

Refresh Facial

30 mins - \$59



Massage Therapy

Swedish Massage

In this classical treatment, the technique of long strokes and frictions and kneading movements are used to release muscle tensions, soothe pain, and improve blood circulation.

30mins- \$54 | 45mins- \$68 | 60mins- \$78

Deep Tissue Massage

Employing many of the same techniques as the lighter touch therapies, deep tissue massage also caters to specific areas of tension. The application of moderate to deeper pressure promotes release of tight muscles, trigger points, and knots.

30mins- \$54 | 45mins- \$68 | 60mins- \$78

Aromatherapy Massage

A feast for the senses. A balancing treatment using pure essential oils in combination with the art of massage. For well-being of mind, body, and spirit. A soothing experience.

30mins - \$59 | 60mins - \$84

Relaxation Massage

A true stress reliever.

30mins- \$54 | 45mins- \$68 | 60mins- \$78

Rejuvenating Body Treatments for Complete Wellness of Body & Mind

Rainforest Enchantment

Luxurious organic vitamin-enriched body wrap detoxifies and re-mineralizes. Enhance natural healing with shea butter and pure tropical oils. Powerful fruit extracts of pomegranate and blueberry provide anti-oxidants, leaving skin enriched with moisture. Pure Bliss!

60 mins - \$118

Essential

Refill your energy reservoirs and enhance health and beauty with an algae wrap. Essential minerals and trace elements rejuvenate and revitalize body and soul.

For ladies and gentlemen.
60 mins - \$118

****NEW** Chocolate Joy**

Indulge in a tranquilizing organic body wrap. Sweet plant extracts and vitamin enriched Shea butter create a deep hydration. Pure Happiness!

60 mins - \$118

Initiation

Deep cleansing and exfoliation. Sea salts and essential oils produce a smooth, glowing sheen.

60 mins - \$88

Intensity

Draining and stimulating massage for a specific body zone plus the aid of firming skin care. Keep cellulite away!

60 mins - \$94

Hand and/or Foot Treatment

Your hands and feet deserve some special attention. Try our exfoliating rosemary-pine sea salt scrub, combined with a refreshing peppermint or soothing lavender massage.

30 mins hand or foot - \$58

60 mins both - \$98

MLD Massage – Detox and Boost your Immune System

An anti-aging massage which treats fluid retention and releases cellular by-products. Toxins are removed much faster. In stimulating the nervous system, pain is lessened and the body is allowed to help itself. Indications include swelling, puffiness, cellulite, acne, allergies, sinus congestion, headaches, insomnia, rheumatic degenerative pain and other conditions.

30 mins - \$54 | 45 mins - \$68 | 60 mins - \$78 | 90 mins - \$114

Breathe Easy – Sinus Relief

Help your respiratory system and feel well with a releasing Eucalyptus/Hyssop steam followed by a decongesting and detoxifying MLD Massage.

(Not recommended if cold or flu symptoms are present.)

60 mins - \$88 (add a deep cleansing exfoliation for smooth skin - \$10)

Sinus Relief Plus

more energy with additional Reiki Healing

90 mins - \$116

Combine Traditional and Modern

Ancient Reiki healing combined with MLD Massage.

Helps to restore a wonderful balance for mind and body.

30 mins - \$54 | 45 mins - \$68 | 60 mins - \$78 | 90 mins - \$114


Tax is additional to prices quoted. All prices are in Canadian Funds.

More Ocean Spa Services...



Reiki

Your Reiki treatment will leave you feeling deeply relaxed and comforted. You will experience this treatment fully clothed as the Reiki practitioner places her hands on various areas, transmitting energy to relieve your body of physical, spiritual, and emotional blocks. Reiki is an ancient form of healing with the hands. This non-intrusive form of therapeutic touch promotes healing not only of the body, but the mind, emotions, and spirit as well. The Reiki energy very gently goes to the areas in your body where the natural flow is blocked. Reiki is beneficial for all conditions from depression to headaches, from chronic illnesses to cancer. Reiki provides balance and assists the natural healing process of your body.

30 mins - \$48 | 45 mins - \$64 
60 mins - \$74 | 90 mins - \$110

Combination Reiki & MLD Massage

30 mins - \$54 | 45 mins - \$68
60 mins - \$78 | 90 mins - \$114

OCEAN SPA PACKAGES

Receive even greater value by packaging treatments during your visit:

Invigorating Ocean Mist

Refresh Facial &
Stimulating Aromatherapy Massage
90 mins - \$128

Gentle Ocean Breeze

Rejuvenating MLD Massage &
Balancing Reiki Facial
3 hours - \$206

Soothing Ocean Whisper

Ocean Wave Facial,
Rejuvenating Body Wrap &
Swedish Relaxation Massage
3 hours - \$268

Tax is additional to prices quoted. All prices are in Canadian Funds.

IMPORTANT: If you require a receipt for insurance purposes, please let the Front Desk/Reservations know at the time of booking. Not all of our therapists are registered Blue Cross providers, nor do all the treatments fall under the 'qualified' for receipts. Be sure to confirm with your insurance provider if your selection of massage treatment at White Point meets your insurance companies criteria for coverage and receipts.

Give the gift of our Ocean Spa!

Wrap up any of our treatments with White Point Gift Cards.

Order them online at whitepoint.com, by calling 1.800.565.5068 '0' or drop by the Front Desk.

