

Lunch at Elliot's

Baskets & Bowls

SMOKY TOMATO BISQUE

8. 

BASKET OF RED ONION RINGS

with roasted garlic mayo

8.

GUACAMOLE

pico de gallo, crumbled feta and crisp corn tortillas

10.

PLANKED SALMON CHOWDER

local bacon, salmon and Digby scallops

12.

BASKET OF SWEET POTATO FRIES

cranberry orange mayo

7.

1 LB HOME GROWN MUSSELS

smoked tomato

12.

- complete with soup, seasonal side salad or caesar salad -

*Brick Oven
Flatbread Pizzas*

MEADOWBROOK HAM AND POACHED PEAR

roasted garlic mayo, white cheddar, baby spinach, caramelized onion jam

16.

FOUR TOMATO

feta, mozzarella, crushed tomato sauce, Italian semi dried, oven roasted and fresh tomatoes

15. 

DRY CURED PEPPERONI & MUSHROOM

garlic sautéed mushrooms, dry cured pepperoni, crushed tomato sauce, mozza and smoked gorgonzola

15.

CHICKEN BLANCO

roasted chicken breast, garlic brushed flatbread, white onion, bacon, mozzarella, feta, avocado aioli

16.

Big Salads

COBB SALAD

roma crunch lettuce, grilled chicken, hard boiled egg, bacon, cucumber, grape tomatoes, avocado, smoked Gorgonzola, blue cheese dressing

15. (MAKE IT VEGGIE....13.) 

KUNG POW SALAD

seasonal greens, steamed noodles, mandarins, peppers, green onion, toasted almonds, sesame soy vinaigrette, crisp wontons, ginger-sweet chili glaze

CRISP FLASH FRIED CHICKEN 15.

TEMPURA SHRIMP 15.

FLASH FRIED TEMPURA CAULIFLOWER 14. 

SOUTHWESTERN CHICKEN

baby romaine, avocado poblano vinaigrette, warm chicken, corn, black beans, edamame, sweet peppers, pico de gallo, feta, crisp tortilla

15. (MAKE IT VEGGIE... 13.) 

A gluten free options menu is available.
Please ask your server.

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Big Burgers

- butter grilled bun, choice of crisp fries, seasonal side salad, soup or side caesar -

THE BIG ANGUS

8oz grilled Atlantic beef, bacon, cheddar, house sauce, tomato, lettuce, topped with red onion rings
15.

THE BIG BRUISER, AKA BLACK AND BLUE

8 oz grilled Atlantic beef, red onion marmalade, stout bbq sauce, blue cheese, bacon, tomato, lettuce, topped with red onion rings
16.

BIG SMOKY

8 oz grilled Atlantic beef, smoked cheddar, bacon, house bbq sauce, aioli, lettuce, tomato, topped with red onion rings
15.

THE BIG FRIJOLE

corn and black bean burger, Monterey jack, guacamole, pico de gallo, lettuce, topped with red onion rings
14.

Sandwiches

CLUB "NAANWICH"

warm baked naan bread, grilled chicken, smoked bacon, Swiss, tomato, artisan greens, curried mango mayo, your choice of soup, salad or fries
14.

BBQ BRISKET SANDWICH

12 hour braise, toasted sweet potato roll, horseradish mayo, house bbq sauce, side of slaw, your choice of soup, salad or fries
15.

GRILLED CHEESE FINGERS AND TOMATO SOUP

thick cut house-made white bread, white cheddar, red onion marmalade and a bowl of smoky tomato bisque
14.

So Much More

CRISPY FISH TACOS

soft flour tortillas, flash fried haddock, pico de gallo, avocado poblano crema, lime, pickled red onion, side of guacamole, your choice of soup, salad or fries
14.

BEEF BARBACOA TACOS

slow roasted pulled smoked brisket, white onion, chipotle sauce, side of guacamole
14.

AL PASTOR TACOS

Korean bbq pork tenderloin, roasted pineapple, green onion, house made kimchi, sweet-spicy glaze
14.

NOVA SCOTIAN HADDOCK

house tartar, coleslaw and your choice of soup, salad or fries
pan fried in butter or Hell Bay English Ale battered
15.

UPGRADE YOUR SIDE TO SWEET POTATO FRIES WITH CRANBERRY ORANGE MAYO 2.

Items marked with a  are vegetarian or can be prepared as such. Please notify your server.



Tax and Gratuity are Not Included